The problem with primary care....



Disclaimer

The views in this presentation are my own and do not reflect the views of opinions of any of the organisations that I work for or with



About me....



Kansas City 2016





Let me sell you a health plan

The Plan

Access to a community healthcare team 08:00 -18:30 M-F

Minor illness

Paediatric Care

Chronic Disease Care

Palliative Care

Mental Health

Other services including: cervical, contraception vaccines and immunisations, childhood vaccines and immunisations, child health surveillance services, maternity medical services, minor surgery.....

How much per year.....

- a) \$200 (£160) 🔷
- b) \$2000 (£1600)
- c) \$20,000 (£16,000)



Roll over image to zoom in

Armarkat 3-Level Carpeted Cat Tree Real Wood Condo F5602, Kitten Playhouse Climber Activity Center, Brown

Visit the Armarkat Store

★★★☆ Y 10 ratings

\$20175

Includes \$18.24 Amazon discount, Details >

\$218.75 Shipping & Import Fees Deposit to United Kingdom Details

- Sales taxes may apply at checkout
- Use Amazon Currency Converter at checkout to pay for this item in your local currency. Terms & Conditions apply. Learn More

Target Species Cat

Breed Small

Recommendation

Specific Uses for Active, Teeth, Behavior, Indoor

Product

Material Engineered Wood, Sisal rope

Age Range All Life Stages





ESCORTED TOURS

Amid growing toll of cancers and devastating illnesses missed by 'remote' doctors, the Mail today demands...

Scottish Baily Mail



GP staff receive abuse every day over Covid



Patients say they are waiting three weeks for an appointment, with some having to miss important medication because they are unable

case is urgent.

to see their GP for a repeat prescription. One patient registered at the Sloan Medical Centre, which closes from Ipm on Thursdays, said: 'It is impossible to get through on the phone, make an advance appointment at a time to suit or get accurate information.'

++ Two surgeries closing every week ++ Hundreds of GPs quitting ++ Millions of patients affected

Writing on the NHS Choices website, they added:

TWO-thirds of surgeries in Sheffield close on

Thursday afternoons. Anyone ringing is put

through to an out-of-hours firm. Websites

instruct people to go to walk-in centres if their

'It is impossible to get to see my GP 'I have been without medication several now because it is so hard to get a repeat

> scription. I would not recommend to anyo A patient at Barnsley Road surgery, which at 12.30pm on Thursdays, said they were

> made to wait three weeks for an appointm "By that time everything's got ten times v and you've gone to hospital or its cleared At Darnail Health Centre, patients say that when they do manage to secure an app

ment, the GPs are 40 minutes late. Coincidentally, Thursday afternoons is

senior GPs in Sheffield hold their monthly Cl Commissioning Group board meetings. GP earn up to £10,000 extra for being on the b

40% OF GPs Of



GP staff facing abuse from patients over cancelled blood tests



GP surgeries in England cancel flu jabs amid vaccine shortage

@3 Sep 2021

P recruitment

crisis shows no

ign of abating

vaccine reminders

Crisis GP practice loses five partners while taking on 2,000 patients

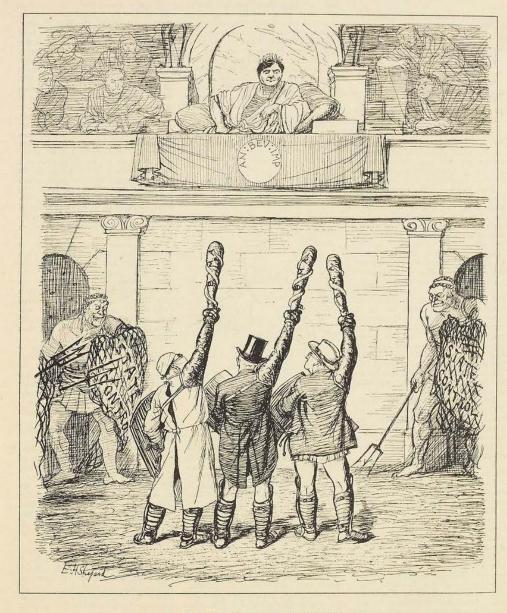
Can you trust any man who brags

he's a feminist?

@14 Jul 2021

How we got here? What is happening now? What can (is)be done about it?

AP



MORITURI TE SALUTANT.



DOTHEBOYS HALL

"It still tastes awful."



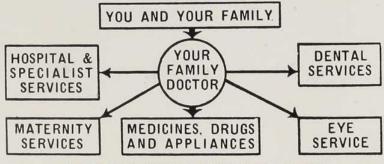
DEAR DOCTOR CHRISTMAS

The Universal Provider



On 5th July the new National Health Service starts

Anyone can use it—men, women and children. There are no age limits, and no fees to pay. You can use any part of it, or all of it, as you wish. Your right to use the National Health Service does not depend upon any weekly payments (the National Insurance contributions are mainly for cash benefits such as pensions, unemployment and sick pay).



CHOOSE YOUR DOCTOR NOW

The first thing is to link up with a doctor. When you have done this, your doctor can put you in touch with all other parts of the Scheme as you need them. Your relations with him will be as now, personal and confidential. The big difference is that the doctor will not charge you fees. He will be paid, out of public funds to which all contribute as taxpayers.

So choose your doctor now. If one doctor cannot accept you, ask another, or ask to be put in touch with one by the new "Executive Council" which

has been set up in your area (you can get its address from the Post Office).

If you are already on a doctor's list under the old National Health Insurance Scheme, and do not want to change your doctor, you need do nothing. Your name will stay on his list under the new Scheme.

But make arrangements for your family now. Get an application form E.C.1 for each member of the family either from the doctor you choose, or from any Post Office, Executive Council Office, or Public Library; complete them and give them to the doctor.

There is a lot of work still to be done to get the Service ready. If you make your arrangements in good time, you will be helping both yourself and your doctor.

■ Issued by the Department of Health for Scotland ■

A



The roots of the problem....

Workforce

Workload

Estates

Autonomy

Morale

Where are we now?



To: Directors of Commissioning
Regional Heads of Primary Care
Heads of Primary Care
CCG Clinical Leads and Accountable Officers

Strategy and Innovation Directorate
NHS England
Quarry House
Quarry Hill
Leeds
LS2 7UE

31 January 2019

The NHS Long Term Plan set out the case for enhanced primary medical and community care, backed by an extra £4.5bn a year by 2023/24. Strong GP services are essential to this and the new contract will deliver the most fundamental change to primary care in decades. As well as significant increases in practice level funding, the settlement will help firmly establish primary care networks around the country, providing for a new network contract in which £1.799 billion would be invested annually by 2023/24 and directly reimbursing networks for the employment of 20,000 clinical pharmacists, physiotherapists, community paramedics, physician associates and

Primary Care Networks July 2019

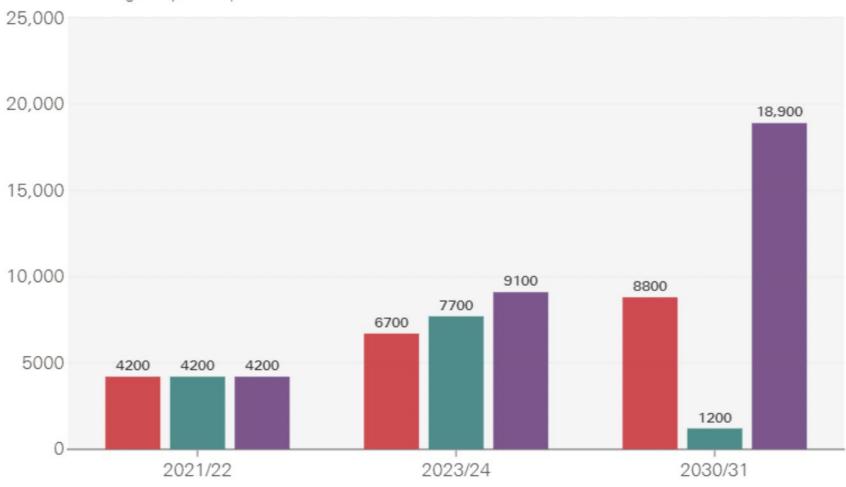




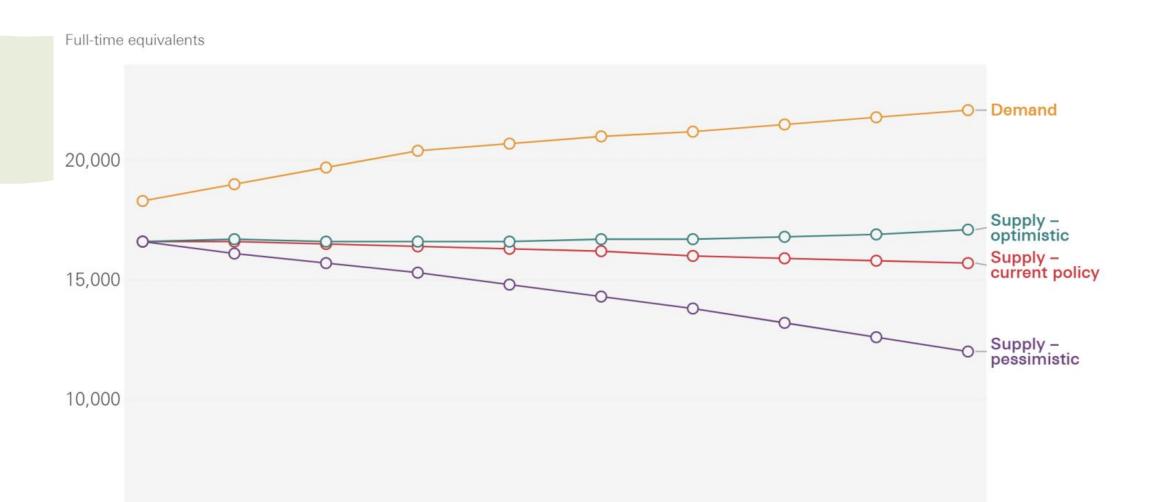
And now....



Estimated shortage of qualified permanent FTE GPs*



Source: REAL Centre analysis based on NHS Digital and Health Education England data • Qualified permanent GPs are all GPs excluding GPs in training and locum GPs. Numbers are rounded.



Source: Analysis based on NHS Digital general practice workforce data and the REAL Centre nurse supply model (numbers are rounded) • 2021/22 nurse supply data are for March 2022 (source: NHS Digital)

5000





POLICY RESEARCH UNIT IN COMMISSIONING AND THE HEALTHCARE SYSTEM

Leaving direct patient care within 5 years

Over 50s - 60.5% among GPs aged 50 years and over

Under 50s 15.5% said they were considering leaving practice

Eleventh National GP Worklife Survey 2021

'most citing an unmanageable and sometimes unsafe workload as the main reason'

Shrinking GP numbers and soaring workloads puts future of general practice under threat, top NHS doctor warns

Professor Martin Marshall said primary care is now experiencing the "most worrying crisis in decades" with continuity of care becoming increasingly difficult to deliver

GP expansion hamstrung by outdated premises, warn primary care leaders

By Nick Bostock on the 8 November 2022

Outdated premises are ramping up pressure on general practice, with patients facing growing waits and risk to their health as practices struggle to expand or accommodate new staff to meet rising demand, a report warns.



Patients risk being put in danger and waits to see GPs are spiralling because primary care buildings and and infrastructure are not fit for purpose.

7 November 2022

BMA to vote on organising **GP withdrawal from PCNs** by 2023







Understanding doctors' decisions to migrate from the UK

Prepared for the GMC by Jane Powell, Misha Gorsia, Matthew Wood, Rebecca Berry, Apara Behar & Isadora Rackham - Shift Insight Limited

'Burnt-out GPs: while many doctors in our study mentioned experiencing burnout, there were some specific issues in primary care driving GPs to migrate.'

So the current issues are pretty much...

Workforce

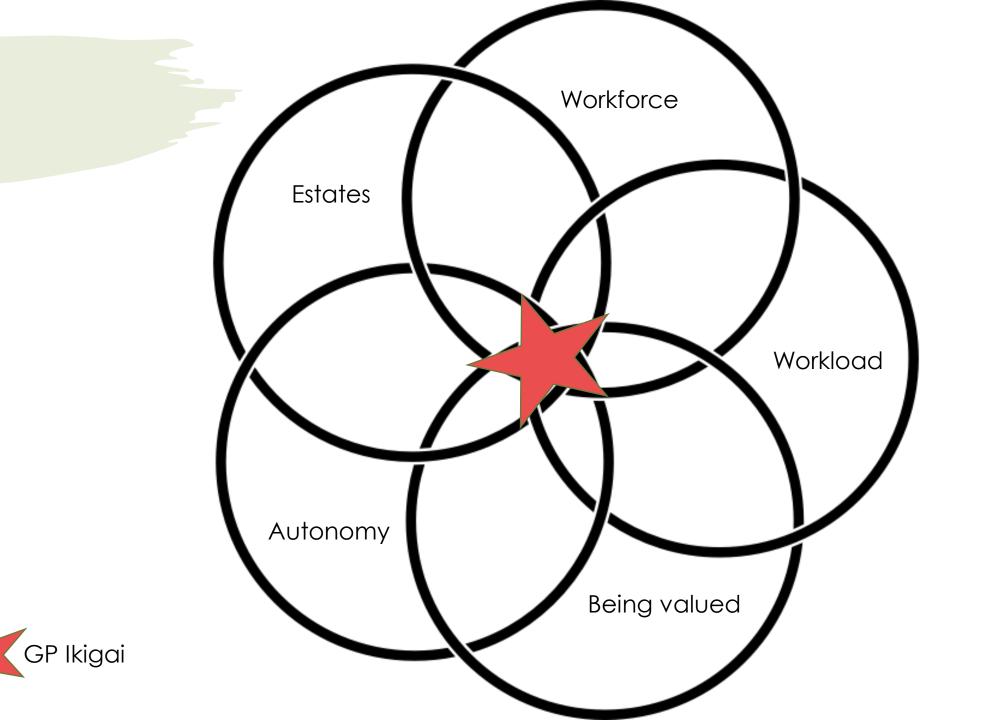
Workload

Estates

Autonomy

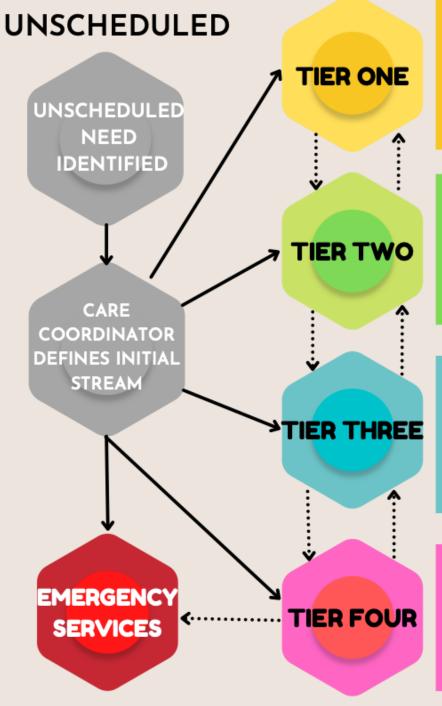
Morale

What can (is) be done about it?

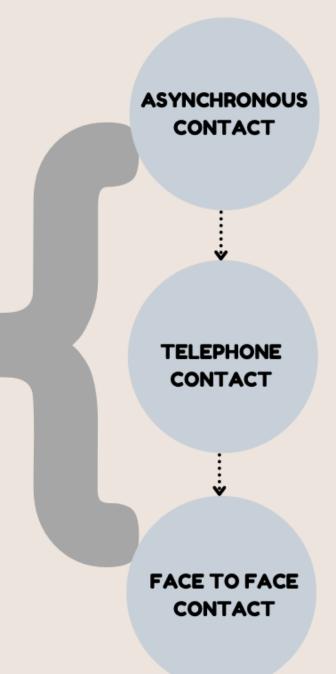


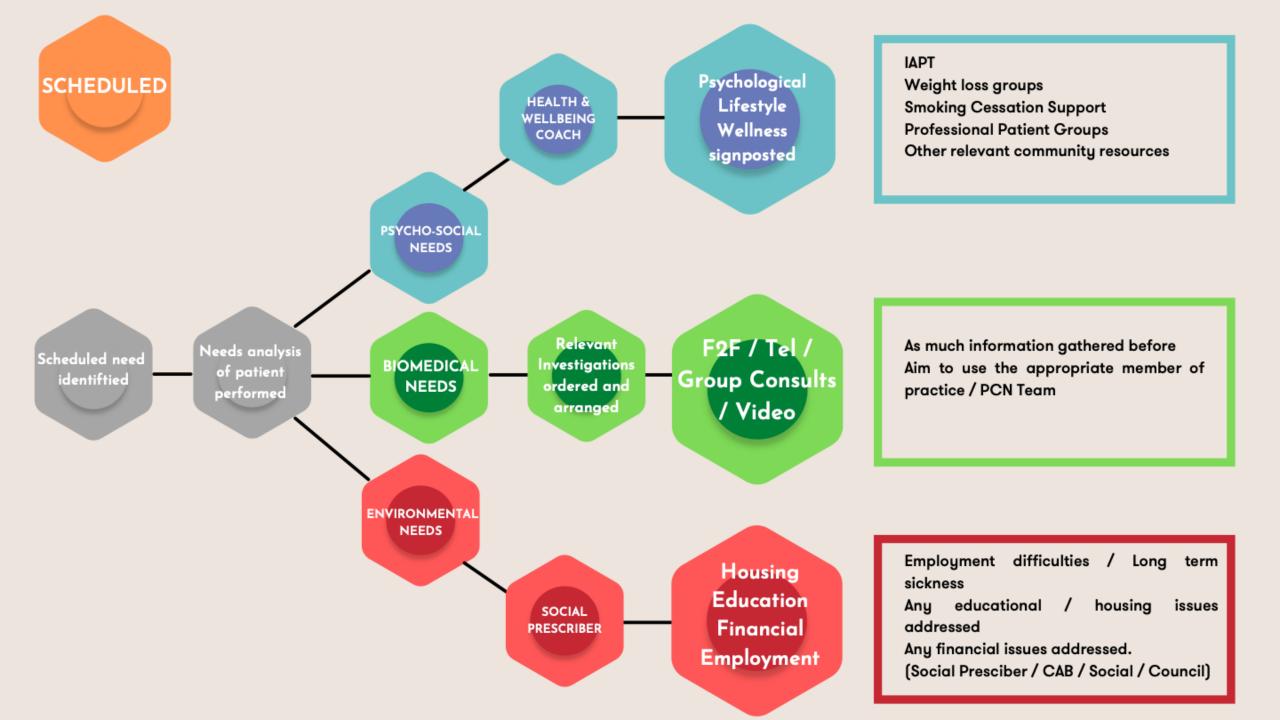
Workforce

- ARRS Roles
- Sharing the workforce
- Creating a community of 'integrated neighbourhood teams'



- Senior Administrators for same day urgent admin requests
- Healthcare assistants to offer simple health / signposting advice
- Social Prescribers able to help with socio-economical crisis signposting / help. Link to adult care services, housing associations, CAB, other community resources
- Pharmacy Technicians (supported by Clinical Pharmacists) for medication related queries
- Book into the community Pharmacy Team
- Urgent Nurse Appointments (Dressings Wounds etc)
- Online resources to Self Help
- Self referral
- -Paramedic Practitioners
- -First Contact Physiotherapy Practitioners
- -First Contact Mental Health Workers
- -Walk in Sexual Health Services /Early Pregnancy Unit / -Urgent Eye Clinic
- -Ambulatory Care Services
- Nurse Practitioner
- GP (partners)
- Hospital Specialists in Primary Care





Workload

- Care coordinators
- Digital Access (not just posh email)
- Empowering staff and patients
- Digital Solutions
- Patient Education

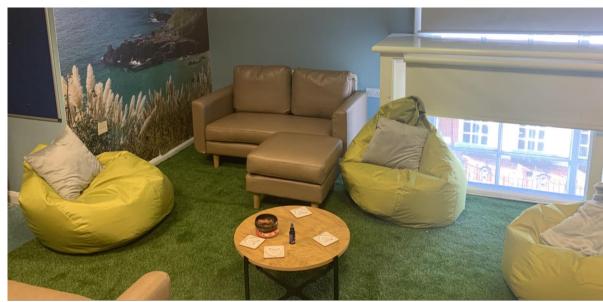
Estates

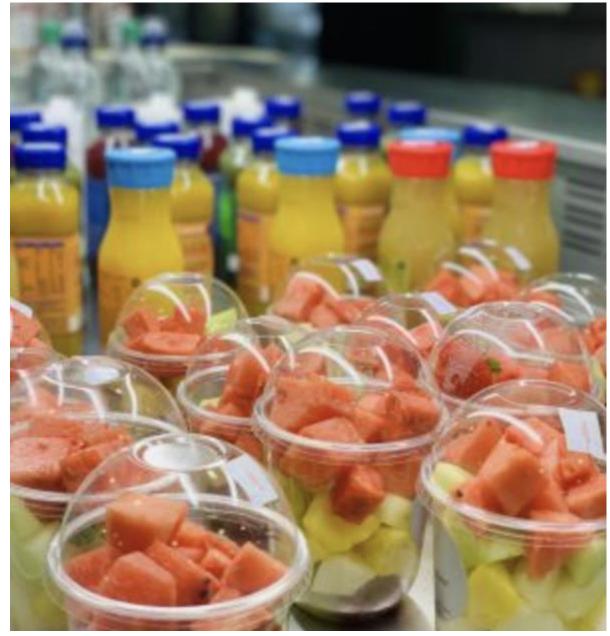
- Stop thinking about the GP practice....think about the neighbourhood teams (beyond health)
- Recognise there is a limited budget
- Think about the staff as well as the patients
- Think digital
- Clinical strategy then the design

Autonomy

Morale

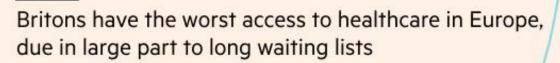




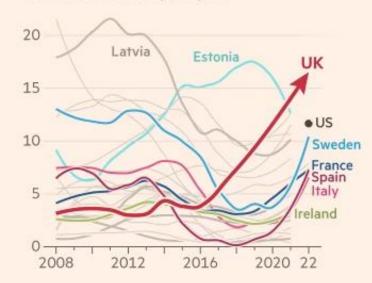


Its going to be tricky

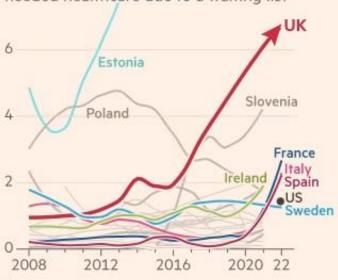
And the price of failure is high...



% of adults whose healthcare needs* went unmet in the past year



% of adults who were unable to access needed healthcare due to a waiting list



*At least one occasion when the respondent "really needed medical examination or treatment (excluding dental)" but was unable to get it Sources: FT analysis of EU statistics on income and living conditions database; YouGov. Trends have been smoothed for ease of reading FT graphic: John Burn-Murdoch / @jburnmurdoch © FT

